From June 12 - 17, 2004, we attended the 18th Annual International Human Anatomy & Physiology Society (HAPS) Conference held in Calgary, Canada. As workshop leaders in Anatomy & Physiology at Bronx Community College, CUNY, we were invited by our professor, Dr. Nichole McDaniel, to be part of a team that would be doing a presentation of the PLTL program for participants.

On June 16th, Professors Joseph Griswold (CCNY-ret.), John Waters (Penn State University), and Nichole McDaniel, made presentations on how the PLTL model can be implemented in Anatomy and Physiology courses offered in colleges and universities. After a brief introduction to PLTL, a slide came up that said, “Experience PLTL for Yourself” and Yvonne Aponte and I began to lead the workshop activities, with the attending professors as our students. Each of us was responsible for a group of six to eight professors, and we employed different teaching strategies for each activity, including paired problem-solving and round robin. We worked on a mini-module entitled “Action and Local Potentials” written by Professor McDaniel.

The module was divided into four activities. We were somewhat nervous at the outset of the exercise, but had confidence that our presentation would go well. We were pleasantly surprised by the fun, ease and cooperation of the professors during the activities. Judging from this effort, we hope and expect to have many more colleges and universities employ this effective model in assisting their students to achieve greater understanding of concepts in courses such as Anatomy & Physiology.

This trip was not only for working but involved a lot of fun and adventures. We took a trip to Banff to see the snow-capped Canadian Rockies, Lake Louise, and the Hot Springs and they were all unbelievably picturesque. There were great restaurants in Calgary to choose from and the Fairmont Palliser Hotel was superb.

We say thanks to the sponsors of the PLTL Project for affording us such an invaluable opportunity for growth.

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