

Peer-Led Team Learning International Society  
Tenth Annual Conference  
Washington University in St. Louis, Missouri  
Wednesday ~ Saturday, June 1-4, 2022



**ALUMNI SPOTLIGHT - FRIDAY, JUNE 3, 2022**  
**PLTL: Facilitating Individual, Community,  
and Societal Change**

Purposeful peer facilitation is one of the key ingredients to a successful PLTL session. Learning to create space, nourish the aptitude of peers, and celebrate individual and group accomplishments is no small feat. Moreover, the success of interdisciplinary teams is often determined by their style of collaborative leadership. Join our valued alum as they describe the profound effect of purposeful peer facilitation on individual, community, and societal change.



**ATHENA DF SHERMAN, Ph.D. PHN, RN, CNE, (xe/they/she; First Gen)** is an Assistant Professor at Nell Hodgson Woodruff School of Nursing at Emory University. Throughout their educational journey, Dr. Sherman spent many years as a PLTL leader at San Jose City College and later brought the PLTL model to San Jose State University where they ran the Tutoring Center through the Educational Opportunity Program. Sherman's research focuses on examining how complex systems of racism, cisgenderism, and heterosexism influence health and health equity for racial, ethnic, sexual, and gender minoritized populations. Moreover, Sherman seeks to lift the voices of LGBTQI+ violence survivors and co-create a foundation of research to improve LGBTQI+ healthcare delivery, focused on the impacts of stigma on psychological distress among transgender and gender diverse people. Additionally, their educational research focuses on improving the inclusion of LGBTQI+ health content in nursing curricula locally and nationally. Sherman has a growing family and splits their time between a tenure track faculty appointment in Atlanta, Georgia, and a clinical practice in end-of-life care throughout the San Francisco Bay Area.

  
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