

Peer-Led Team Learning International Society  
2025 Annual Conference  
California State University Dominguez Hills  
Carson, California  
Wednesday – Saturday  
May 28 - May 31, 2025



## Workshop Presentation: Thursday, May 29, 2025

### ***RUNNING TEAM MEETINGS THAT CULTIVATE PSYCHOLOGICAL SAFETY***

Psychological safety is the belief that individuals can openly share ideas, ask questions, and admit mistakes without fear of negative repercussions. Teams with high psychological safety consistently demonstrate greater morale, collaboration, and productivity.

In this session, we will explore strategies for leaders to foster psychological safety within their teams. Participants will engage in role-playing activities to practice active listening and learn techniques for analyzing mistakes in ways that avoid defensiveness. Additionally, we will discuss methods for measuring psychological safety and review practical tools for structuring conversations that encourage open and honest communication.



**JOANNA WOLFE** is Teaching Professor of English and Affiliated Faculty in Mechanical Engineering at Carnegie Mellon University, where she designs communication and professional development courses for undergraduate and graduate students. The first edition of her textbook, *Team Writing: A Guide to Working in Groups*, has sold over 28,000 copies. A second edition of *Team Writing*, coauthored with Christopher Lam, was published along with *Equity & Communication* in 2025 as part of the new *Bedford series in Technical and Professional Communication*. Dr. Wolfe is author of over 40 peer-reviewed publications. Her research on teamwork and collaboration has received funding from the National Science Foundation and received awards from the American Society of Engineering Education, the National Council for Teachers of English and the IEEE Professional Communication Society.

